



# CHAD KEMPEL

KEYNOTE SPEAKER · 4× GUINNESS WORLD RECORDS · FATHER OF SEVEN

*He pushed his quintuplets — five children born at 27 weeks, each under three pounds — in a five-seat stroller weighing up to 301 lbs across four world-record finish lines. That stroller is now in the Guinness World Records museum in Copenhagen, Denmark. He carried a sign that read "Anything Is Possible." It was made for his father, who is gone. The sign is in the museum. The belief is not.*

4

GUINNESS WORLD RECORDS

MA

PSYCHOLOGY

5 yrs

UNIVERSITY LECTURER

5 yrs

SAN QUENTIN VOLUNTEER

30+

NATIONAL FEATURES

## WHAT YOUR AUDIENCE SEES

A dad from Boise, Idaho, who pushed a quintuple stroller to four Guinness World Records titles — marathon, half marathon, 10K, and 1K — over six years. A man who missed the record by four minutes, then came back seven days later and set it. Someone whose stroller and sign are now behind glass in a museum in Copenhagen, Denmark.

## WHAT THEY DON'T SEE

A kid got slapped across the face in a locker room and didn't tell his parents until his thirties. He walked hallways alone, got bad grades not because he couldn't but because he hadn't decided to yet, and watched friends disappear into things they couldn't climb out of. He signed up for wrestling and spent four years learning that when the whistle blows, the only thing that matters is who put in more work. He flipped his grades to stay on the team — and discovered the power was always in his hands.

He and his wife lost twin boys who lived less than an hour. He ran 100 miles nonstop — 31.5 hours — from his childhood home outside Oakland, south through San Jose, and north to the Golden Gate Bridge, past every landmark of his life to survive the grief. He taught math inside San Quentin State Prison for five years, unpaid, by choice. He counseled children with social and learning disabilities. He slept in his car between two jobs while teaching at a university.

Then he decided. Graduated college. Earned an MA in Research Psychology. Taught psychology and statistics at San Jose State University for five years. *He doesn't just tell stories — he gives people vocabulary for what they've been feeling.*

## THE FAILURE THAT PROVES THE MESSAGE

Three attempts at the Guinness World Records marathon title. One stroller. Five kids.

Feb 3, 2019 5:31:32 — missed qualifying by 46 minutes  
Mar 24, 2019 4:49:29 — missed by 4 minutes  
Mar 31, 2019 **4:42:49 — Guinness World Records title**

When they Google his name after the assembly the proof is there.

## SIGNATURE TALKS

### Anything Is Possible

A sign, a son, and thirty years of proof that the phrase isn't a wish — it's a decision followed by evidence. The flagship all-school assembly, grounded in a decision framework students can name: Freeze Response, Locus of Control, Post-Traumatic Growth, and Pain With Purpose.

### The Weight You're Carrying

What no one named for you — and the vocabulary that changes everything once someone finally does. The mental health assembly without the stigma label, built on Chad's Master's in Research Psychology and four concepts students leave using the same night: cognitive load, the freeze response, displacement, and weight that comes out sideways.

### I Walked the Hallways Alone

I had no hero in those hallways. So I became one in someone else's. The belonging and culture talk that costs no budget to act on — built on five years teaching math inside San Quentin State Prison, counseling kids with disabilities, and coaching Special Olympics athletes.

## WHAT YOUR AUDIENCE WALKS AWAY WITH

- Vocabulary for what they've been feeling — grounded in psychology, not platitudes
- Proof that where they start isn't where they finish
- The honest belief that their story isn't over — and that sitting down next to someone changes theirs

## IDEAL FOR

- HIGH SCHOOL ASSEMBLIES
- GRADUATIONS
- MENTAL HEALTH & WELLNESS
- ANTI-BULLYING PROGRAMS
- YOUTH CONFERENCES
- CORPORATE KEYNOTES
- FAITH EVENTS

## ALSO

Ironman finisher · Special Olympics coach · Available nationwide · Customizes every talk to the audience and occasion · Three different internal champions at a school request each talk

## AS FEATURED ON

TODAY Show · ABC World News Tonight · Good Morning America · Real Time with Bill Maher · Fox News · Men's Health · The Doctors · Access Hollywood · Inside Edition · Jay Leno · People · Runner's World · Guinness World Records · CBN News · 30+ national outlets

*"The dad and the quintuplets setting a world record are persons of the week."*

— David Muir, ABC World News Tonight



**Book Chad**

Discovery calls available · Responses within 48 hours

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